

OCTOBER 2018 Elementary Lunch Breakfast and Lunch at no cost



School Lunch Week
October 15-19



Daily Choice of:
Specialty Entrée
or Deli Wrap
Or Cheese Sandwich
Peanut Butter & Jelly Sandwich
or Chef Salad or
New Breakfast for lunch Box

OFFERED DAILY:
3 Choices of 1/2 Cup Canned Fruit,
Dried Fruit
Or 1 Fresh Fruit
GARDEN SPOT:
Salad or Carrot cup or Mixed veggie
cup

***MUST Choose one Fruit or
Vegetable**

Daily Choice of:
FF flavored , unflavored Milk or
1% Unflavored Milk or 1% Flavored

**Ice cream offered
weekly \$.75 or \$3.00
month
Adult Lunch \$3.10**



*USDA is an Equal
Opportunity Provider
and Employer.*

| | Mon | Tue | Wed | Thu | Fri |
|----|---|---|---|--|---|
| 1 | 1 Cheeseburger/Bun or Stuff Crust Pizza Let, Onion, Pickles Baked Fries <u>Garden Spot</u> Fruit Choice Milk | 2 Taco Tuesday Meat /cheese/chips or Cheese Stix <u>Garden Spot</u> Mexican Beans Corn Fruit Choice Milk | 3 Mac n Cheese w/ breadstick or Mini Corndogs <u>Garden Spot</u> Broccoli Maple baked beans Fruit Choice | 4 Breakfast for Lunch Popcorn chicken and Waffles or Sausage Biscuit <u>Garden Spot</u> Sweet potato puffs Fruit Choice Milk | 5 Turkey/bacon/ cheese sub or Pizza Wedge Smile Potatoes <u>Garden Spot</u> Fruit Choice Milk Smile Day cookie  |
| 8 | 8 Hotdog on Bun or Stuffed Crust Pizza Sweet Potato tots <u>Garden Spot</u> Baked beans Fruit Choice Milk | 9 Ham/Cheese w/slider roll (2) or Mini corndogs NEW Potato Starz Green beans <u>Garden Spot</u> Fruit Choice Milk | 10 Spaghetti with Breadstick or Pizza wedge <u>Garden Spot</u> Peas Fruit choice Milk | 11 Breakfast for Lunch Sausage or Chicken w/egg Gravy & Biscuit or Cheese stix Hash brown <u>Garden Spot</u> Tomato cup Fruit Choice Milk | 12 Grilled Cheese or Pizza Vegetable Soup/ crackers <u>Garden Spot</u> Fruit Choice Milk |
| 15 | 15 Bacon/cheese Burger / Bun or Stuff Crust Pizza Let, Onion, Pickles EMOGI Potatoes <u>Garden Spot</u> Fruit Choice Milk | 16 Taco Tuesday Taco/cheese/ Chips or Cheese Stix Mexican Beans <u>Garden Spot</u> Corn Fruit Choice Milk | 17 Hotdog or Stuffed crust Pizza Fries <u>Garden Spot</u> Coleslaw Maple baked beans Fruit Choice Milk | 18 Breakfast for Lunch Popcorn chicken and Waffles or Sausage Biscuit <u>Garden Spot</u> Sweet potato puffs Fruit Choice Milk | 19 Italian Sub or Pizza Wedge <u>Garden Spot</u> Broccolisalad Fruit Choice Milk |
| 22 | 22 Hotdog on Bun or Stuffed Crust Pizza Sweet Potato tots <u>Garden Spot</u> Baked beans Fruit Choice Milk | 23 Ham/Cheese w/slider roll (2) or Mini Corndogs New Potato Starz Green beans <u>Garden Spot</u> Fruit Choice Milk | 24 Cheese Tortellini Marinara/Breadstick or Pizza Corn <u>Garden Spot</u> Fruit Choice Milk | 25 Breakfast for lunch Sausage or Chicken w/egg Gravy & Biscuit or Cheese Stix Hash brown/Tomato cup <u>Garden Spot</u> Fruit cup Milk | 26 Chicken w/ gravy Pizza Wedge Mashed Potatoes WG/Roll Green Peas <u>Garden Spot</u> Fruit Choice |
| 29 | 29 Cheeseburger/Bun or Stuff Crust Pizza Let, Onion, Pickles Baked Fries <u>Garden Spot</u> Fruit Choice Milk | 30 Taco Tuesday Meat /cheese/chips or Cheese Stix <u>Garden Spot</u> Mexican Beans Corn Fruit Choice Milk | 31 Mac n Cheese w/ breadstick or Mini Corndogs <u>Garden Spot</u> Pinto Beans / Greens Fruit Choice Milk Halloween treat | School Lunch Week October 15-19 | |

