

# JANUARY 2018 Ridgeview Lunch



**Daily Choice of:  
Specialty entrée or  
Italian Choice or  
Chicken Sandwich  
or  
Deli Sub or  
Deli Wrap or  
Chef Salad or  
Yogurt or PBJ Box**

**3 Choices of 1/2 Cup  
Canned Fruit,  
Dried Fruit  
Or 1 Fresh Fruit  
Offered Daily  
Must choose 1 fruit or 1  
vegetable.....**

**Daily Choice of:  
FF flavored Milk OR  
1% or FF Unflavored  
Milk**

**Student Lunch \$2.10  
Reduced Lunch \$.40  
Adult Lunch \$3.10  
easily pay for meals at :  
[www.myschoolbucks.com](http://www.myschoolbucks.com)  
Phone: 276-835-1610**



*USDA is an equal opportunity Provider  
and Employer*

**MENU SUBJECT TO CHANGE!**

	Mon	Tue	Wed	Thu	Fri
				4 Breakfast for Lunch Chicken Fryz w/waffles Salad Sweet Potatoes Fruit choice Milk	5 Chicken Barbecue on Bun Baked Potato Garden Salad Broccoli Fruit choice Milk
	8 Rodeo Burger Let, Onion, Pickles Garden Salad Baked Fries Carrots w/Dip Fruit choice Milk	9 Mini Corndogs Tots Garden Salad Soup beans / Cornbread onions Greens Fruit Choice/ Milk	10 BBQ Rib on Bun Maple baked Beans Coleslaw Garden Salad Fruit Choice Milk	11 Breakfast for Lunch Chicken Fryz w/waffles Salad Sweet Potatoes Fruit choice Milk	12 Chicken Barbecue on Bun Baked Potato Garden Salad Broccoli Fruit choice
	13 Hot Dog on Bun or Chicken Philly / Bun Garden Salad Fries Baby carrots Fruit Choice Milk	14 Taco Tuesday/Cheese Chips/Soft Tortilla Garden Salad Peppers onions Black beans Corn Fruit Choice/ Milk Milk	15 Spaghetti WG Breadstick Garden Salad Corn Fruit Choice Milk	16 Grilled Cheese Garden Salad Carrots w/dip Chicken Taco soup w/ crackers Fruit choice Milk	17 Chicken W/Gravy Roll Mashed Potatoes Green Beans Garden Salad Fruit choice Milk
	20 Rodeo Burger Let, Onion, Pickles Garden Salad Baked Fries Carrots w/Dip Fruit choice Milk	21 Chicken Fajita/ Cheese /Soft Tortilla Garden Salad Peppers onions Black beans Corn Fruit Choice/ Milk Milk	22 BBQ Rib on Bun Maple baked Beans Coleslaw Garden Salad Fruit Choice Blueberry cobbler Milk	23 Popcorn Chicken Breadstick Mac n Cheese Garden Salad Carrots Fruit Choice Milk	12 Hamburger Helper Roll Garden Salad Green beans Fruit Choice Milk
	27 Hot Dog on Bun or Chicken Philly / Bun Garden Salad Fries Baby carrots Fruit Choice Milk	28 Taco Tuesday/Cheese Chips/Soft Tortilla Garden Salad Peppers onions Black beans Corn Fruit Choice/ Milk Milk	29 Chicken Alfredo w/ twist / bread stick Broccoli Garden Salad Fruit Choice Milk	30 Grilled Cheese Garden Salad Carrots w/dip Vegetable soup w/ crackers Fruit choice Milk	31 Pork with gravy Roll Mashed Potatoes Green Beans Garden Salad Fruit choice Milk