

October 2017 Ridgeview Lunch  
 Farm to School October 2-6  
 National School Lunch Week October 9-13



**Daily Choice of:**  
**Specialty entrée or**  
**Italian Choice or**  
**Chicken Sandwich**  
**or**  
**Deli Sub or**  
**Deli Wrap or**  
**Chef Salad or**  
**Yogurt or PBJ Box**

**3 Choices of 1/2 Cup**  
**Canned Fruit,**  
**Dried Fruit**  
**Or 1 Fresh Fruit**  
**Offered Daily**  
**Must choose 1 fruit or 1**  
**vegetable.....**

**Daily Choice of:**  
**FF flavored Milk OR**  
**1% or FF Unflavored**  
**Milk**

**Student Lunch \$2.10**  
**Reduced Lunch \$.40**  
**Adult Lunch \$3.10**  
**easily pay for meals at :**  
**[www.myschoolbucks.com](http://www.myschoolbucks.com)**  
**Phone: 276-835-1610**



|  | Mon   | Tue   | Wed   | Thu   | Fri   |
|--|---|---|---|---|---|
|  | <b>2</b><br>Bacon Cheeseburger<br>Let, Onion, Pickles<br>Salad<br>Veggie beans<br>Baked Fries<br>Carrots w/Dip                          | <b>3</b><br>Taco Tuesday/Cheese<br>Soft Tortilla or Chips<br>Salad<br>Taco Fiesta Beans<br>Corn<br>Fruit Choice/ Milk<br>Milk                     | <b>4</b><br>Chicken & Gravy<br>Salad<br>Mashed Potatoes<br>Carrots<br>WG Roll<br>Fruit Choice<br>Milk     | <b>5</b><br>BBQ Dog<br>Broccoli<br>Coleslaw<br>Sweet Potato tots<br>Dark green Salad<br>Fruit Choice<br>Milk  | <b>6 World Smile Day</b><br><b>Corn Dogs</b><br>Salad<br>Potato smiles<br>Baked beans<br>Fruit Choice<br>Milk /Smile cookie     |
|  | <b>9</b> Signature<br>Hot Dog on Bun or<br>Chicken Philly / Bun<br>Salad<br>Fries<br>Baby carrots<br>Fruit Choice<br>Milk               | <b>10</b> Seasoned<br>Chicken Fajita/<br>Cheese/Soft Tortilla<br>Salad<br>Black Beans<br>Corn<br>Fruit Choice/ Milk<br>Milk                       | <b>11</b> Made from Scratch<br>Spaghetti<br>WG Breadstick<br>Tossed Salad<br>Peas<br>Fruit Choice<br>Milk | <b>12 Down Home</b><br>Grilled Ham/Cheese<br>Salad<br>Carrots w/dip<br>Broccoli Salad<br>Fruit choice<br>Milk | <b>13</b> House made<br><b>Meatball Sub</b><br>Sweet Potato Fries<br><b>Salad</b><br><b>Baked beans</b><br>Fruit choice<br>Milk |
|  | <b>16</b> Rodeo Burger<br>Let, Onion, Pickles<br>Salad<br>Veggie beans<br>Baked Fries<br>Carrots w/Dip<br>Fruit choice<br>Milk          | <b>17</b><br>Taco Tuesday/Cheese<br>Soft Tortilla or Chips<br>Salad<br>Taco Fiesta Beans<br>Corn<br>Fruit Choice/ Milk<br>Milk                    | <b>18</b><br>BBQ Dog<br>Broccoli<br>Coleslaw<br>Dark green Salad<br>Fruit Choice<br>Milk                  | <b>19</b><br>Chicken & Gravy<br>Salad<br>Mashed Potatoes<br>Carrots<br>WG Roll<br>Fruit Choice<br>Milk        | <b>20</b><br><b>Corn Dogs</b><br>Salad<br>Sweet Potato tots<br>Baked beans<br>Fruit Choice<br>Milk                              |
|  | <b>23</b><br>Hot Dog on Bun or<br>Chicken Philly / Bun<br>Salad<br>Fries<br>Baby carrots<br>Fruit Choice<br>Milk                        | <b>24</b><br>Chicken Fajita/<br>Cheese /Soft Tortilla<br>Salad<br>Black beans<br>Corn<br>Fruit Choice/ Milk<br>Milk                               | <b>25</b><br>Spaghetti<br>WG Breadstick<br>Tossed Salad<br>Peas<br>Fruit Choice<br>Milk                   | <b>26</b><br>Grilled Ham/Cheese<br>Salad<br>Carrots w/dip<br>Broccoli Salad<br>Fruit choice<br>Milk           | <b>27</b><br><b>Meatball Sub</b><br>Sweet Potato Fries<br><b>Salad</b><br><b>Baked beans</b><br>Fruit choice<br>Milk            |
|  | <b>30</b><br>Bacon Cheeseburger<br>Let, Onion, Pickles<br>Salad<br>Veggie beans<br>Baked Fries<br>Carrots w/Dip<br>Fruit choice<br>Milk | <b>31</b><br>Taco Tuesday/Cheese<br>Soft Tortilla or Chips<br>Salad<br>Taco Fiesta Beans<br>Corn<br>Fruit Choice/ Milk<br>Milk<br>Halloween treat |   |   |   |
|  |   |   |   |   |   |