

September 2017 Ridgeview Lunch






**Daily Choice of:
Specialty entrée or
Italian Choice or
Chicken Sandwich
or
Deli Sub or
Deli Wrap or
Chef Salad or
Yogurt or PBJ Box**

**3 Choices of 1/2 Cup
Canned Fruit,
Dried Fruit
Or 1 Fresh Fruit
Offered Daily
Must choose 1 fruit or 1
vegetable.....**

**Daily Choice of:
FF flavored Milk OR
1% or FF Unflavored
Milk**

**Student Lunch \$2.10
Reduced Lunch \$.40
Adult Lunch \$3.10
easily pay for meals at :
www.myschoolbucks.com**

	Mon	Tue	Wed	Thu	Fri
	<i>USDA is an equal opportunity Provider and Employer</i>				1 Meatball Sub Sweet Potato Fries Salad Baked beans Fruit choice Milk
4 Labor Day	5 Taco Tuesday/Cheese Soft Tortilla or Chips Salad Refried Beans Corn Fruit Choice/ Milk Milk	6 BBQ Dog Broccoli Tots Coleslaw Dark green Salad Fruit Choice Milk	7 Chicken & Gravy Salad Mashed Potatoes Green beans Pillsbury WG Biscuit Fruit Choice Milk	8 Corn Dogs Salad Sweet Potato tots Baked beans Fruit Choice Milk	
11 Hot Dog on Bun or Chicken Philly / Bun Salad Fries Baby carrots Fruit Choice Milk	12 Chicken Fajita/ Cheese Soft Tortilla or Chips Salad Refried Beans Corn Fruit Choice/ Milk Milk	13 Spaghetti Breadstick Tossed Salad Corn Fruit Choice Milk	14 Grilled Ham/Cheese Salad Carrots w/dip Broccoli Salad Fruit choice Milk	15 Meatball Sub Sweet Potato Fries Salad Baked beans Fruit choice Milk	
18 4Bacon Cheeseburger Let, Onion, Pickles Salad Veggie beans Baked Fries Carrots w/Dip	19 Taco Tuesday/Cheese Soft Tortilla or Chips Salad Refried Beans Corn Fruit Choice/ Milk Milk	20 BBQ Dog Broccoli Coleslaw Dark green Salad Fruit Choice Milk	21 Popcorn Chicken WG Roll Salad /Green beans Whipped Sweet potatoes Fruit choice Milk	22Corn Dogs Salad Sweet Potato tots Baked beans Fruit Choice Milk	
25 Hot Dog on Bun or Chicken Philly /Bun Salad Fries Baby carrots Fruit Choice Milk	26 Chicken Fajita/ Cheese Soft Tortilla or Chips Salad Refried Beans Corn Fruit Choice/ Milk Milk	27Lasagna w/ Breadstick Tossed Salad Peas Fruit Choice Milk	28 Grilled Ham/Cheese Salad Carrots w/dip Veggie Pasta Salad Fruit choice Milk	29 Meatball Sub Sweet Potato Fries Salad Baked beans Fruit choice Milk	